

2026 February Newsletter

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415 N. Poplar Street Newton, KS 67114 (316) 283-7330

Youth Indoor Soccer Clinic

Tuesdays & Thursdays

February 10th - February 26th

Advance and hone your soccer skills working with past and present soccer players and coaches!

Age Groups/Times:

3-5 years (5:30 PM - 6:15 PM),

6-9 years & 10-13 years (6:15 PM - 7:00 PM)

Fee: \$34

Deadline: Friday, January 23rd

My Fairy Valentine Tea Party

Friday, February 13th

Little ones and their grown-ups will enjoy an enchanting morning filled with fairy magic and delicious treats. Sip pink "tea," decorate your own wand, and celebrate this lovely day together in true fairy fashion.

10:30 AM - 11:30 AM

Fee: \$12 per child (*adult included*)

Ages: 3 years - 5 years

Deadline: Sunday, February 8th

Little Champs Gym Time

Wednesdays, February 11th - March 4th

Join us for this exciting, interactive gym-time program where little ones explore movement, meet new friends, and get a playful introduction to sports!

10:00 AM - 10:45 AM

Fee: \$20 **Ages:** 18 months - 5 years

Note: Parents/Caregivers need to stay & help their child.

Deadline: Monday, February 9th

NRC Clubhouse - All Day Care

Monday, February 16th @ Sunset Elementary

6:30 AM - 6:00 PM

Fees: Full Day \$35 **OR** 1/2 Day \$20

(6:30 AM - 12:30 PM **OR** 12:30 PM - 6:00 PM)

Paperwork available for pick up at NRC.

BRING A SACK LUNCH & WATER BOTTLE!!!

Swim Lessons

Monday - Thursday

February 9th - February 19th

Aquaducks: 6:15 PM - 6:45 PM

Students learn to feel safe and comfortable in the water with instruction.

Goldfish: 6:15 PM - 7:00 PM

Fundamentals of aquatic skills and beginning to learn basic strokes.

Fee: \$38

Deadline: Monday, February 2nd

Bake the Basics - Cookie Creations

Monday, February 16th

Youth bakers will mix, roll, and bake classic favorites like chocolate chip, snickerdoodle, and sugar cookies while learning essential kitchen skills such as measuring, mixing, and oven safety.

3:00 PM - 4:30 PM

Fee: \$30 **Ages:** 12 - 14 years

Deadline: Wednesday, February 11th

Prices not determined by membership. Activity fees the same for everyone.

Those who currently receive Free/Reduced School Lunches or that have a current KanCare Card can receive a 50% reduced rate on our ESP programs.

CUTIE

NRC Cheer Squad Skills & Drills Training**Tuesdays, February 17th - April 28th****(No Class on Tuesday, March 17th)**

This program is for members serious about cheerleading and who wish to excel in tumbling and stunting.

Tuesday practices 4:30 PM - 5:30 PM

Fee: \$80; includes T-Shirt, Hair Bow & Bag. A **\$25 deposit** for cheer skirt/bottom & notebook, due at registration.

****NEW LOCATION:** Purely Moore Fitness (PMF);
1805 W. First St., Newton, KS 67114

Ages: 1st grade & up **Deadline:** Wednesday, February 11th

Note: Parent meeting at 5:45 PM on the first day.

LOVE

USD 373 Early Release School Day Care**Wednesday, February 18th****@ Slate Creek Elementary**

Pre-Registration Required: Parents must pre-register for childcare on Early Release School Days. Registration will open on February 4th and will close on February 11th.

How to Register: Call (316) 283-7330.

YOU ROCK

XOXO

Adult Splash of Color**Red Cardinals****Thursday, February 19th**

Capture the beauty of red cardinals perched in a peaceful winter scene.

6:00 PM - 8:00 PM

Fee: \$30 **Ages:** 16 years and older

Deadline: Sunday, February 15th



TRUE LOVE

Peaceful Eating with Diabetes**Thursdays, February 19th & 26th**

Through gentle nutrition guidance, practical tools, and self-compassion, you'll discover that caring for your blood sugar and enjoying food can coexist peacefully.

12:00 PM - 1:00 PM

Fee: \$25 (2-day class)

Instructor: Paula Miller, MS, RDN, LD

Deadline: Sunday, February 15th

Note: For more information, please e-mail paula@sunrisenutritionconsulting.com or visit www.SunriseNutritionConsulting.com.

HUGS

SWEET

Pre-K Exploratory Art & Sensory Class**Friday, February 27th**

Young artists will experience different textures, colors, and media.

10:00 AM (Class is 30 - 45 minutes)

Fee: \$12 **Ages:** 18 months - 5 years

Deadline: Monday, February 23rd

Note: Parents need to stay & participate with children.



ESP

YOU ROCK

Lifeguard Training**Friday, February 27th - Sunday, March 1st**

This course includes training in lifeguarding, CPR for the professional rescuer, first aid and bloodborne pathogens.

Starts Friday at 5:30 PM**Saturday and Sunday at 9:30 AM**

Fee: \$150 **Ages:** 15 and up

Deadline: Friday, February 13th

XOXO

**Building Better Balance****Fridays, February 6th - March 27th****10:00 AM - 10:45 AM**

Building Better Balance is designed to decrease the risk of falls with focus on improving balance and lower body strength. Participants will be able to identify fall risks and move more intentionally.

Fee: \$20 per month **OR** \$30 for both months

Deadline: Wednesdays, February 4th & March 4th

LOVE

**Introductory Tae Kwon Do Class****Saturday, February 28th**

Here is an opportunity to attend a FREE, one-time, introductory class and experience what the traditional martial art of Tae Kwon Do is all about.

1:00 PM - 2:00 PM

Fee: **FREE!**

Ages: 6 years and up (families welcomed)

Deadline: Tuesday, February 24th

CUTIE

Upcoming Activities

Activity	Dates	Deadline
• Adult Gymnastics	3/2	2/23
• Water Babies	3/3	2/24
• Gymnastics	3/4 & 3/7	2/28
• Cheerleading Classes	3/9 & 3/11	3/2 & 3/4
• Early Release	3/11	3/4
• NRC Clubhouse All Day Care	3/13	Call for info.
• Leprechaun Magic Rainbows	3/13	3/9
• Spring Break Camp	3/16 - 3/20	Call for info.
• Spring Break Swim Clinic	3/16 - 3/19	3/6
• Splash of Color - Adult	3/19	3/15
• Adult Kickball League	3/21	3/6
• Women's Self Defense	3/21	3/17
• Squeaky Soles - Running Club	3/23	3/13
• Pre-K Exploratory Art	3/24	3/22
• Eggcellent Goodies	3/26	3/22
• Where is Our Rabbit???	3/30 - 4/3	3/23

XOXO

SWEET

HUGS