

# January 2026 NEWSLETTER

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415 N. Poplar Street Newton, KS 67114 (316) 283 - 7330

## Wellness Center January Specials

January

1st - 31st



	6 Months	Annual
Single	\$180	\$349
Family	\$270	\$509
Single Senior	\$130	\$239
Family Senior	\$205	\$389
Special Pops, Student, & Military	\$130	\$239

### WC Membership Also Includes...

- Pickleball Courts
- Public Swim at the NRC Pool
- Basketball Check Out Card
- 2 free personal training sessions per membership for NEW MEMBERS.

## Adult Gymnastics

Mondays,

January 12th - February 16th

In this class, we will be building balance and flexibility, strength training, and conditioning with basic gymnastics skills.

6:00 PM - 7:00 PM

Fee: \$55 Ages: 16 years & older

Location: Purely Moore Fitness  
1805 W First St., Newton KS 67114

Deadline: Monday, January 5th



## Youth Gymnastics

Saturdays,

January 17th - February 21st

Pre-School & Beginner Levels ONLY:

OR Wednesdays,

January 14th - February 18th

Parent-Tot through Advanced Levels!

ESP Fee: \$52

Location: Purely Moore Fitness  
1805 W First St., Newton KS 67114

Deadline: Saturday, January 10th

## Bake the Basics \*NEW\*

Thursday, January 15th

Get ready to mix, roll, and bake your way to delicious fun! In this hands-on class, kids will learn the basics of cookie baking while making favorites.

3:00 PM - 4:30 PM

Fee: \$30 Ages: 8 - 11 years

Deadline: Sunday, January 11th



## Community Wide Garage Sale

Sunday, January 18th

If you are looking to get rid of your old stuff, rent a booth at our sale and leave all of the advertising up to us!

11:00 AM - 3:00 PM

Fee: \$25 per booth

Location: NRC Gymnasium Entrance Fee: FREE!

Deadline: Monday, January 12th

## SafeSitter

Monday, January 19th

SafeSitter Essentials is a 1-day class designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

9:00 AM - 3:30 PM

Fee: \$50

Ages: 6th - 8th Graders

Deadline: Sunday, January 4th

## Cheerleading Classes

Wednesdays, January 21st - February 25th

### Mini Cheer

(4 years - 6 years) 5:30 PM - 6:15 PM

Fundamentals of Cheerleading

(1st grade & up) 5:30 PM - 6:20 PM

Mondays, January 19th - February 23rd

Tumbling and Stunting: Grade School

(1st - 4th grades) 4:30 PM - 5:30 PM

Tumbling and Stunting: Middle School

(5th - 8th grades) 4:30 PM - 5:30 PM

Fee: \$52

NEW LOCATION: Purely Moore Fitness  
1805 W. First St., Newton, KS 67114

Deadlines: January 12th & January 14th

## Indoor Soccer

Deadline: Friday, January 23rd

K/5yrs through 8th Grade

League Begins:

Saturday, February 28th

(K/5yr & 1/2 Grades)

Monday, March 2nd

(3/4, 5/6 & 7/8 Grades)

(Spring Break Week Off 03/13 - 03/22)

ESP K/5yr - 6th grade: \$38

7th/8th grade: \$42



ESP Prices not determined by membership. Activity fees the same for everyone. ESP

Those who currently receive Free/Reduced School Lunches or that have a current KanCare Card can receive a 50% reduced rate on our ESP programs.



## Saturday Swimming Lessons

**Saturdays**

**January 10th - January 31st**

Aquaducks: 9:00 AM - 9:35 AM

Goldfish: 9:00 AM - 9:55 AM

Sunfish, Penguin & Otter: 10:00 AM - 10:55 AM

**Fee: \$38**

**Deadline:** Saturday, January 3rd

## Scout Night

**Thursday, January 8th**

Boys and girls of all ages involved in scouting can swim for **\$0.75** by showing proof of membership. Leaders swim for FREE!

**7:30 PM - 9:00 PM**

**Location:** NRC Pool

## Water Babies

**Tuesdays & Thursdays**

**January 13th - 22nd**

Instructor will introduce the child to the water with the help of the parent.

**6:15 PM - 6:45 PM**

**Fee: \$38**

**Ages:** 6 months & up

**Deadline:** Tuesday, Jan. 6th

## TOT TIME Drop-In

**Wednesdays,**

**January 14th & 21st**

Obstacle courses, tumbling mats, blocks, balls, & more will be set up for parents and their toddlers!

**10:00 AM - 11:30 AM**

**Fee:** \$3 per toddler

(Parent/Guardian Free)

**Ages:** 18 months - 4 years

## Splash of Color - Adult

**Snow Bunnies**

**Thursday, January 15th**

Create a pair of playful snow bunnies enjoying the snowy season.

**6:00 PM - 8:00 PM**

**Fee:** \$30

**Ages:** 16 years & up

**Deadline:** Sunday, Jan. 11th

## NRC Clubhouse - All Day Care

**January 15th, 16th, & 19th**

**@ Sunset Elementary**



**6:30 AM - 6:00 PM**

**Fees:** Full Day \$35 **OR** 1/2 Day \$20  
(6:30 AM - 12:30 PM **OR** 12:30 PM - 6:00 PM)

*Paperwork available for pick up at NRC.*

**BRING A SACK LUNCH & WATER BOTTLE!!!**

## Teddy Bear Picnic & Parade

**Friday, January 23rd**

Class includes stories, arts and crafts project, and cookie decorating.

**11:00 AM - 11:45 AM**

**Fee:** \$9

**Ages:** 18 mo. & up

**Deadline:** Sunday, Jan. 18th

## Try-It-Out-Tuesday

**Tuesday, January 20th**

Once a Month - Always Something New. Great for all fitness levels!

**5:15 PM - 6:00 PM**

**Fee:** \$4.50 - Drop In Fee

**Location:** NRC Center Pool



## USD 373 Early Release School Day Care

**Wednesday, January 28th**

Parents must pre-register for childcare. Registration will open on Wednesday, January 14th and will close Wednesday, January 21st.

Call **(316) 283-7330** to register your child.

## Pre-K Tae Kwon Do

**Saturdays,**

**Jan. 31st & Feb. 7th**

This class will emphasize discipline, courtesy, and respect, and help develop motor skills with a whole lot of fun mixed in!

**1:00 PM - 2:00 PM**

**Fee:** \$24

**Ages:** 4 - 5 years old

**Deadline:** Tuesday, Jan. 27th

## Upcoming Activities

Activity	Dates	Deadline
• Building Better Balance	02/06	02/04
• Swim Lessons	02/09 - 02/19	02/02
• Little Champs Gym Time	02/11 - 03/04	02/09
• My Fairy Valentine	02/13	02/08
• NRC Clubhouse All Day Care	02/16	Call for info.
• Bake the Basics	02/16	02/11
• NRC Cheer Squad	02/17	02/11
• Early Release Day	02/18	02/11
• Splash of Color	02/19	02/15
• Peaceful Eating with Diabetes	02/19 & 02/26	02/14
• Pre-School Exploratory Art	02/27	02/23
• Lifeguard Training	02/27 - 03/01	02/13
• Intro to TKD	02/28	02/24

## Youth Indoor Soccer Clinic

**Deadline: Friday, January 23rd**

Advance and hone your soccer skills working with past and present soccer players and coaches!

**Clinic Dates:** Tuesdays & Thursdays;  
February 10th - February 26th

**Age Groups/Times:**

3-5 years (5:30 PM - 6:15 PM),  
6-9 yrs & 10-13 yrs (6:15 PM - 7:00 PM)

**Fee:** \$34

**Location:** NRC Gymnasium

