



415 N. Poplar Street Newton, KS 67114 (316) 283 - 7330

Family Candy Scramble and Costume Contest

Wednesday, October 30th

7:00 PM @ Fischer Field (Athletic Park)

Grab your flashlights, load up the kids and head to Fischer Field where there will be thousands of pieces of candy scattered on the field. We will divide the kids into age groups for the children's candy scramble and will have prizes for our costume contest winners in three age groups: Child I (9-12 years), Child II (5-8 years), and Tot (4 and under).

Fee: FREE! **Ages:** up to 12 years old

Location: Fischer Field in Athletic Park

Note: Children 12 and under must be accompanied by a parent or guardian aged 18 and over.

Bring a flashlight and wear your costume!

Craft-O-Ween

Tuesday, October 22nd

You and your child will conjure up crafts to make your house boo-tiful. Plan to get messy with paint, glue, and more.

10:00 AM (Class is 30-45 minutes)

Fee: \$15 **Ages:** 2 years - 5 years

Deadline: Friday, October 18th

Note: Parents/Caregivers need to stay and help their child.

Splash of Color - Youth

Wednesday, October 9th

Pumpkin Patch Collage

Let your imagination run wild as you explore the joy of painting in a supportive and fun environment. Perfect for all skill levels!

3:30 PM - 5:00 PM

Fee: \$25 **Ages:** 10 years - 16 years

Deadline: Sunday, October 6th

Spooky Splash & Treats Party

Thursday, October 31st

Join us for a spook-tacular Halloween celebration! Enjoy exciting games, a refreshing swim, a delicious pizza lunch, and get creative by making your own edible Monster Munch Bouquet.

9:30 AM - 3:00 PM

Fee: \$35 **Ages:** 7 years - 12 years

Deadline: Thursday, October 24th

Note: Pizza lunch is provided. Children must be comfortable in the water and be able to reasonably follow verbal instructions with little help.



Scout Night @NRC Center Pool

Tuesday, October 8th

Boys and girls of all ages involved in scouting can swim for \$0.75 by showing proof of membership.

7:30 PM - 9:00 PM

Fee: \$0.75 **Leaders swim for FREE

Tone & Thrive

Tuesdays & Thursdays: October 1st - October 24th

This eight-session program combines targeted weight training with bursts of cardio to maximize calorie burn and muscle toning.

Fee: \$12 without t-shirt; \$17 with t-shirt

Ages: 12 and up **Deadline:** Sunday, September 22nd

Note: E-mails will be sent out with a YouTube link for your workout videos. Two videos will be sent out each week.



NRC Clubhouse - All Day Care

Friday, October 11th

Thursday, October 31st & Friday, November 1st

@ Sunset Elementary

6:30 AM - 6:00 PM

Fees: Full Day \$34 OR 1/2 Day \$19

(6:30 AM - 12:30 PM OR 12:30 PM - 6:00 PM)

Paperwork available for pick up at NRC.

BRING A SACK LUNCH & WATER BOTTLE!

Prices not determined by membership. Activity fees the same for everyone.

Those who currently receive Free/Reduced School Lunches or that have a current KanCare Card can receive a 50% reduced rate on our ESP programs.

Splash of Color - Adult

Thursday, October 24th - Rooster

Connie Rhodes and Barbara Gabel invite you to the world of artistic fun! This is a fun interactive class that will have your imagination running wild.

6:00 PM - 8:00 PM

Fee: \$30 Ages: 16 years and up

Deadline: Sunday, October 20th

Safe Sitter

Friday, October 11th

Safe Sitter Essentials is a 1-day class designed to prepare students to be safe when they're home alone, watching younger siblings, or babysitting. The instructor-led class is filled with fun games and role-playing exercises. Students even get to use mannequins to practice rescue skills like choking rescue and CPR (certifications are not given in first aid/CPR).

9:00 AM - 3:30 PM

Fee: \$50 Ages: 6th - 8th Graders

Deadline: Thursday, September 26th

Note: **Please bring a sack lunch and water bottle.**

Swim Lessons

Monday - Thursday

October 7th - October 17th

Sunfish & Penguin 6:15 PM - 7:00 PM

Fee: \$38 Deadline: Tuesday, October 1st



Women's Self Defense Class

Saturday, October 5th

Learn how to defend yourself when someone is trying to attack you. Gain self-confidence and learn effective techniques to defend yourself against an attacker.

1:00 PM - 4:00 PM

Fee: \$15 Ages: 12 years and older

Deadline: Tuesday, October 1st

TOT TIME Drop-In

Tuesdays, October 1st - 15th

This is an open and unstructured play time for parents and their toddlers, NRC staff will not provide any instruction. Obstacle courses, tumbling mats, blocks, balls, and more will be set up each day TOT TIME is offered.

10:00 AM - 11:30 AM

Fee: \$3 per toddler (Parent/Guardian Free)

Ages: 18 months - 4 years

Note: This is a drop-in program, participants will need to pay each day upon arrival. Parents are responsible for supervising their children to help maintain the quality and safety of our equipment.

Men's Basketball League &

35+ Men's Basketball League

Registration Deadline: Friday, October 18th

Form your team today and start working on that jump shot!

League Begins: Thursday, November 7th

Games Guarantee: 8 Fee: \$400

Note: Teams will not be accepted without a registration fee.

Leagues will be combined if the minimum of 4 teams in each division has not been reached.

Building Better Balance

Fridays, October 25th - November 15th

Building Better Balance is a dynamic 45-minute standing class designed to decrease the risk of falls with focus on improving balance and lower body strength.

10:00 AM - 10:50 AM

Fee: \$20 per session; \$30 for both session

Deadline: Wednesday, 10/23

Gymnastics

Session II: Saturdays, October 12th - November 23rd

Beginner Level ONLY: OR Wednesdays, October 9th - November 20th

Parent-Tot through Advanced Levels!

Fee: \$48

Deadline: Saturday, October 5th



UPCOMING ACTIVITIES

Activity	Dates	Deadline
Instructional Basketball Clinic	11/6-11/20 & 11/25-12/11	10/30 & 11/20
Youth Basketball	12/7	11/1
Water Babies	11/12 - 11/21	11/5
Introductory Tae Kwon Do	11/9	11/5
36th Annual Christmas Market	11/9	call for info.
NRC Cheer Squad Basketball Season	11/19	11/13
Splash Of Color Adult	11/21	11/17
Scout Night @NRC Center Pool	11/18	call for info.
Disc Golf Putting League	12/7	11/22
Tiny Tots Turkey Trot	11/27	11/24
Christmas Light Tours	12/02, 12/04, 12/09, 12/11	11/25 & 12/2

USD 373 Early Release School Day Care

Wednesday, November 13th

We are excited to offer childcare with the new USD #373 once-a-month early release days. All early release childcare will be located at Slate Creek Elementary School.

Pre-Registration Required: Parents must pre-register for childcare on Early Release School Days. Registration will open Wednesday, October 30th and close Wednesday, November 6th.

How to Register: Call (316)283-7330 to register your child for early release care.