



SEPTEMBER

Newsletter 2026

NEWTON RECREATION COMMISSION

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415 N. POPLAR ST. NEWTON KS (316) 283-7330

SQUEAKY SOLES

Build confidence, improve endurance, and have fun, in this exciting after-school running club.

Tuesdays & Thursdays • Sept 8 – Oct 15

4:00 – 5:00 PM

\$69 (Includes T-shirt, water bottle, snack & lap incentives.)

3rd – 6th Grade

Registration Deadline: Sept 1

Parent meeting required immediately after the first practice (Sept 8 at 5:00 PM).

SWIM LESSONS

AQUADUCKS & GOLDFISH

Aquaducks introduces young swimmers to the water, while Goldfish teaches fundamental aquatic skills and beginning swim strokes.

Monday – Thursday • Sept 14 – 24

Aquaducks: 6:15 – 6:45 PM

Goldfish: 6:15 – 7:00 PM

\$40

Aquaducks: 3+ years

Goldfish: 5+ years

Registration Deadline: Sept 7



LITTLE EXPLORERS

DROP-OFF DAY

Treat your little explorer to an afternoon of fun! Kids will enjoy active play, games, story time, and creative activities in a safe, supervised environment while parents enjoy a few hours to themselves.

Tuesday, Sept 15 • 11:30 AM – 2:30 PM

\$15

2 – 5 years old

Registration Deadline: Sept 13

Children should eat lunch before arrival. A snack is provided at 1:30 PM.

MAKERHAUS - YOUTH

Paint, build, sculpt, and invent through hands-on STEAM projects in the Wonderhaus Dome. Each class encourages creativity, confidence, and imagination with projects kids can take home.

Sept 21 – Oct 13

Inventors: Mondays • 4:00 – 5:30 PM

Artisans: Tuesdays • 5:30 – 6:45 PM

\$30 per class or \$100 for the 4-class session

Artisans: 5 – 8 years

Inventors: 9 – 12 years

Registration Deadline: Friday before each class



BAKE THE BASICS

Learn essential baking skills while creating delicious treats from scratch! Participants will practice measuring, mixing, kitchen safety, and food preparation in a fun, hands-on class.

Wednesday, Sept 23 • 3:30 – 5:00 PM

\$30

10 – 14 years old

Registration Deadline: Sept 18



YOUTH TENNIS CAMP

Players will build tennis fundamentals, improve technique, and gain confidence through engaging instruction and skill-building games in a fun, supportive environment.

Wednesdays & Fridays • Oct 7 – 30

beginning around 5:30 PM (times assigned based on enrollment)

\$36 (Beginners & Munchkin)

\$38 (Rookie & Pony)

Beginners 4 – 6 years old • Munchkin 7 – 9 years old

Rookie 10 – 12 years old • Pony 13 – 14 years old

Registration Deadline: Sept 25



WHY WEIGHT LOSS DOESN'T LAST

Why do most diets fail in the long run? Join Registered Dietitian Paula Miller for an evidence-based discussion on the science of body weight, metabolism, genetics, and weight stigma. Discover why lasting weight loss is so challenging and learn practical, compassionate strategies to support health without focusing on the number on the scale.

Thursday, Sept 17 • 12:00 – 1:00 PM

\$10

Registration Deadline: Sept 14



ENROLL ONLINE OR AT THE NRC FRONT DESK



Prices not determined by membership. Activity fees are the same for everyone.



Those who currently receive Free/Reduced School Lunches or that have a current KanCare Card can receive a 50% reduced rate on our ESP programs.

EARLY RELEASE DAY

Pre-Registration Required to attend
Wednesday • Sept 16
Elementary students @ Slate Creek
Santa Fe students @ NRC Activity Center
\$20 per student
To Register: Call (316) 283-7330
Registration:
Opens Sept 2 - Closes Sept 9



PICKLEBALL LEAGUE

Compete in a friendly league with self-officiated matches, and a guaranteed six-match season culminating in a single-elimination tournament.
League begins Friday, Sept 18
\$40 per team
Upper League and Lower League; leagues may be combined if needed.
Registration Deadline: Sept 11
Teams of two. All skill levels welcome.
Equipment available from NRC if needed.

CORNHOLE LEAGUE

Enjoy a fun and friendly Friday night league! Teams are guaranteed four weeks of play followed by a season-ending tournament. Whether you're a seasoned player or just looking for a great night out, everyone is welcome.
League begins Friday, Sept 18
\$40 per team
Registration Deadline: Sept 11
Register as a team of two or sign up individually and we'll pair you with a teammate. Equipment is provided.

MAKERHAUS COLLECTIVE ART

Mandalas: Circles of Calm
Slow down and create something beautiful in this relaxing four-week mandala class. Learn step by step at your own pace.
Fridays • Sept 18 – Oct 9
10:00 AM – 12:00 PM
\$35 per class
18+ & Seniors
Registration Deadline: Friday before each class
Beginner-friendly. No previous art experience needed.

EVENING YOGA

Unwind with a gentle 75-minute restorative yoga class designed to relax the body and calm the nervous system. Stay afterward for light refreshments and a few moments of community and connection.
Sunday, Sept 20 • 6:00 – 7:15 PM
\$20 per person
\$30 per pair
Registration Deadline: Sept 18 @ 5 PM
All levels welcome, including beginners.

SAFESITTER

Gain the confidence and skills to stay home alone, care for younger children, and babysit safely. Through hands-on activities, games, role-playing, and rescue skill practice, participants learn responsibility, safety, and how to respond in common childcare situations.
Friday, Oct 9 • 9:00 AM – 3:00 PM
\$50
6th – 8th Grade
Registration Deadline: Sept 24
Bring a sack lunch and water bottle.

WOMEN'S PICKLEBALL LEAGUE

Stay active and enjoy friendly competition in our Women's Pickleball League! Meet new players, improve your game, and compete in a six-match season that concludes with an exciting end-of-season tournament.
League begins Tuesday, Oct 6
Morning – Early Afternoon
\$40 per team
Registration Deadline: Sept 25
Teams of two. All skill levels welcome.

CHEERLEADING CLASSES

Participants will build confidence while learning jumps, chants, tumbling, basic stunts, and skills that improve balance, flexibility, coordination, and teamwork.
Mondays • Oct 5 – Nov 9
4:30 – 5:15 PM 
\$52
Mini Cheer: 4 – 6 years
Fundamentals: 1st Grade & Up
Registration Deadline: Sept 28
Wear athletic clothing and sneakers. Hair must be pulled back; no jewelry or glitter.

TEDDY BEAR PICNIC & PARADE

March in a fun stuffed-animal parade, then enjoy stories, crafts, and decorate a teddy bear cookie. It's the perfect morning of imagination, creativity, and family fun for young children and their caregivers.
Friday, Oct 2 • 11:00 – 11:45 AM
\$9
18 months & up
Registration Deadline: Sept 28
Bring your favorite teddy bear or stuffed animal!

BUILDING BETTER BALANCE

Improve your balance, strengthen your lower body, and reduce your risk of falls in this engaging 45-minute class. Learn practical strategies to move with greater confidence while building stability, strength, and mobility for everyday life.
Fridays • Oct 2 – Oct 23 & Oct 30 - Nov 20
10:00 – 10:45 AM
\$20 per session
or \$30 for both sessions
Registration Deadline: Sept 30
Participants should be comfortable standing for the duration of class.

UPCOMING EVENTS

All Day Child Care
Cheerleading Classes - Tumbling & Stunting
Gymnastics
Adult Gymnastics
Scout Night - Center Pool
Tot Time Drop-In
Early Release Day Child Care
Craft-O-Ween
Candy Scramble & Costume Contest
Spooky Splash & Treat Party
Adult 3v3 Basketball League
Building Better Balance
All Day Child Care

START

10/9
10/10
10/10
10/7
10/6
10/7 & 10/14
10/14
10/21
10/28
10/30
11/5
10/30
10/30

DEADLINE

Call for Info
10/3
10/3
10/4
Call for info
Call for Info
10/7
10/16
Call for Info
10/22
10/23
10/28
Call for Info